

Take Care Of Your Dog During The Dog Days Of Summer

As we enter the hot summer months, taking good care of your dog is important. Keep your canine companions healthy by remembering these basic tips:

Heat:

- ✓ When pets are outside, be sure they have plenty of fresh water and access to shady areas.
- ✓ Don't leave your dog inside a car on hot days.
- ✓ Exercise your dog only during the coolest times of the day.
- ✓ Watch for sunburn. Dogs are susceptible to sunburn just like people, especially those with short hair, pink skin, and white hair. Limit their exposure when the sun is the strongest and apply sun block to ears and nose 30 minutes before going outside.

Lyme Disease:

- ✓ Get your pet a yearly Lyme disease vaccination from your vet.
- ✓ If you have a furry dog, comb him with a fine-toothed, light-colored comb. Inspect the comb for ticks, which are often tiny and easy to miss.
- ✓ Inspect all areas, including the ears and face.
- ✓ If you find a tick is attached to the skin, pull it out with tweezers.
- ✓ Wash the area with soap and water. Monitor it for signs of infection. If your dog gets Lyme disease, a rash shaped like a bull's eye will appear at the site three to 32 days after he has been bitten.



July Events

- July 2nd World UFO Day
- July 4th Independence Day
- July 7th Global Forgiveness Day
- July 7th Chocolate Day
- July 31st National Mutt Day

Flower: Water Lily Birthstone: Ruby



Facts About The 4th July Declaration

You probably know that the Declaration of Independence wasn't actually signed by delegates from all 13 colonies until August 2, 1776. But did you know these other interesting facts about our nation's founding documents? They come from the U.S. National Archives and Records Administration website:

- ◆ The original Declaration wasn't written on ordinary paper, but engrossed (a process of preparing an official document in a large, clear hand) on parchment—an animal skin that's stretched and treated with lime to create a strong, enduring document.
- ◆ The copy on display in the National Archives in Washington, D.C., is one of 26 “Dunlap Broad sides,” printed on paper on the night of July 4, 1776. Twenty-one are owned by American institutions, two are held by British institutions, and three are in the possession of private owners.
- ◆ On the bottom left corner of the original Declaration is a handprint whose origins are unknown. Attempts to clean the handprint would damage the document. Also, the back of the signed Declaration bears the words “Original Declaration of Independence.”



Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at [530-676-2200](tel:530-676-2200)

Oil Change Winner!

Jeff Silva and his friend Craig Drummond has won a standard oil change from Autotronics!



SAVE Belts & Hoses \$30.00
Manufacturers Recommend Replacing Every 4 Years!
 Be Proactive & Don't Break Down!
 Offer Expires July 31, 2014

Congratulations to Our Clients of the Month!

Every month, we choose very special clients of the month. It's our way of acknowledging our great clients and saying thanks to those that support our business. This month's Clients of the Month are:

- ☎ Kim Obryan ☎ Kevin Whalen
- ☎ Helen Cheng ☎ John L Smith
- ☎ Andrew Grigich ☎ Zachary Sawchuk
- ☎ Mark Rogers ☎ Ben Hawkins ☎ Renee Yi

Working At The Computer

Most of us spend a lot of time at the computer and that puts us at risk for injuries to the neck, back, and arms. Pay attention to these elements to ensure you're working safely:

- ❖ Chair. Use a chair with a seat height, angle of recline, and tilt that can be adjusted.
- ❖ Shoulders. Set your shoulders in a relaxed position, rather than hunched up or rounded.
- ❖ Feet. Place your feet flat on the floor (preferable) or flat on a footrest.
- ❖ Wrists. Hold your wrists as straight as possible, rather than angled sharply up, down, or to the side.
- ❖ Screen. Place the monitor directly in front of you, so you look straight at it, rather than having to twist your neck toward the screen.
- ❖ Distance. Position the monitor 18 to 28 inches from your eyes. Set the height of the monitor so that its top is approximately an inch below your eye level.
- ❖ Mouse. Be sure your arm is supported when using the mouse.
- ❖ Lights. Adjust your lighting to reduce glare on your work surface or computer monitor.

6 Months Same As Cash



Autotronics is now offering 6 months interest free. Call for details: 530-676-2200

Trapped!

An elderly golfer showed up at the course one morning without a partner. The pro agreed to play 18 holes with him, and asked him what kind of a player he was.

"Not too bad, I guess," the old duffer answered. "But I have a little trouble getting out of sand traps."

They played a close game, and the older gentleman managed to avoid sand traps until they reached the 18th hole. His shot to the green dropped into the trap, and he'd have to sink his ball into the hole with just one shot to win the game.

The pro watched as the elderly golfer carefully stepped into the trap, looked the situation over, and swung his club. To the pro's amazement, the ball went right into the cup.

"Great shot!" the pro said. "I thought you said you have trouble getting out of sand traps?"

I do. Could you give me a hand, please?"



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 : "This nation will remain the land of the free
 : only so long as it is the home of the brave."
 :

-Elmer Davis

Its A Young Moon After All

How old is the moon? Apparently a little younger than previously thought, according to the Science Daily website. A team of scientists from France, Germany, and the U.S. developed a sort of "geologic clock" that doesn't rely on standard measurements of radioactive decay to determine age, but instead uses computer simulations of the early solar system in relation to known amounts of iron-rich elements in the Earth's crust, left over from the space collision that created the moon. All this allowed the researchers to determine that our moon was probably created about 4.5 billion years ago, about 95 million years after the formation of our solar system, almost 70 million years later than most scientists had previously estimated.



Fourth Of July Special \$27.95

Includes Chassis Lubrication, Oil Filter, Up To 5 Quarts SAE 10W30 Motor Oil & A Courtesy Vehicle Inspection

Reg \$39.95

Expires 7-31-2014

Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

♥ **Rosie Furman**

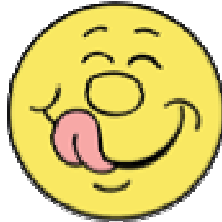
Did you know?

-Chocolate is a vegetable. It comes from the Cacao tree found in tropical rain forests.

-George Smith, owner of Bradley Smith Company, invented and patented the Lollipop in 1908. Legend has it, that George named the Lollipop after his favorite racehorse "Lolly Pop".

July Fourth Potato Salad

2 cups boiled red potatoes with skin left on
2 cups of boiled small white potatoes with skin left on
2 hardboiled eggs cut in small pieces
1 tabl celery seed
½ cup blue cheese crumbles
3 tabl light mayonnaise
½ cup natural yogurt
1 tabl sugar
5 tabl horseradish
6 tabl chipotle mustard
1 tabl of white vinegar
1 teas ground pepper
1/2 teas salt
½ cup chives or bacon bits for garnish
MIX TOGETHER, REFRIDTERATE AND ENJOY!



Do You Want To Win A Free Vehicle Oil Change?

Take the trivia challenge and you just might win!

Each month we'll give you a new trivia question. The first 10 people to call with the correct answer will be eligible to win. At the end of the month we'll draw one lucky name. That winner will receive a certificate good for a standard oil change. This month's trivia question: *How old is the moon?*

- A. 70 million years B. Always has been there
C. 1 Trillion years D. 4.5 billion years

Call right now with your answer! 530-676-2200

Eliminate Sources Of Lost Time

Most of us complain about never having enough time, but often the reason is that we waste the time we do have. Consider these root causes that rob you of precious minutes and hours throughout your day:

- You don't plan your day. Without a plan for tackling your workload, you'll end up reacting to other demands instead of concentrating on your priorities.
- You keep a messy work space. Organize your desk and work area so you don't lose time looking for what you need. Some studies say that a person with a messy desk can waste up to an hour and a half a day searching for things, or getting distracted by what's lying around.
- You cheat yourself from sleep. Lack of sleep increases your stress level and intensifies feelings of lack of control.
- You don't take a break. Taking lunchtime outside the office or a brief breather from the day recharges the batteries and keeps you more productive.

Roswell Incident

July 2, 1947 is a date well known to UFO believers. On this date, Mac Brazel, a rancher in northwest of Roswell, New Mexico discovered wreckage of a metallic object on his ranch. The wreckage and the metal were made of strange material. Military authorities investigated the site, and removed the wreckage. The first military reports referenced a mysterious, Unidentified Flying Object. These reports were later rescinded, leading to wide speculation and claims of a massive government cover-up of the discovery of UFOs from outer space.

What Is A Cooling System Flush?

The most important maintenance item to flush and refill the coolant periodically. Anti-freeze has additives that prevent corrosion in the cooling system. However the additives break down and can cause scale that can build up in your radiator and heater core causing the engine to overheat. Power flushing with the machine will remove all the old coolant and pull out any sediment and scale. This service should be preformed every 18-24 months. Call and schedule an appt. with the coupon below to Autotronics 530-676-2200 or 916-939-3700



July Summer Special **SAVE \$20.00**
Bring This Coupon In This Month & Take Twenty Dollars Off Coolant System Flush

Offer Expires 7/31/2014

Not Valid With Other Offers Or Minor Oil Change.